

Please enroll my child in the following:

	Session 1	Session 2	Session 3
Snowplow Sam	\$88___	\$88___	\$98___
Basic Skills	\$88___	\$88___	\$98___
Adult Basic Skills	\$88___	\$88___	\$98___
Intro to Figure Skating	\$112___	\$112___	\$130___
Combination Intro & Basic Skills	\$142___	\$142___	\$165___

\$\$ DISCOUNT \$\$
 Early registration: Apply a \$10 discount off your total if the registration is received by the Sunday preceding the start of each session.

Less Discount (Early Registration -\$10) - _____
 (No discount given at the door)

AMOUNT DUE \$ _____

Assumption of Risk Agreement and Release will be provided upon registration at the rink and will to be read carefully and signed before entering on to the ice. Thank you.

Office use only:

Amt Paid S1 _____ S2 _____ S3 _____
 Cash/Check _____
 Date _____

Skating Club of Maine
 C/o Susan Kinney
 P O Box 37
 Oakland, ME 04963

SKATING CLUB
 OF
MAINE
CENTRAL REGION
 2009-2010

Located at:
 Colby College's Alfond Arena
 Waterville, Maine

**"Basic Skills"
 &
 "Introduction to Figure Skating"**

**Class Schedules
 Director: Susan Kinney**

Endorsed by USFA and USA Hockey



For more information call:
 Susan Kinney 465-3860
Skinney18670@roadrunner.com
 Or
 Kathy Carr 242-5502
Kathy_Frankcarr@yahoo.com
www.scmaine.org

About Our Group Lessons:

Basic Skills: This program consists of 8 levels (The Basic eight) which include elements that are the fundamentals for the sport of Hockey, Speed Skating, Figure Skating and Recreational Skating. Each level of the Basic Skills program contains different skill elements that must be mastered before advancing to the next level. Upon completion of this program, skaters will have gained the ability to skate forward and backward efficiently, stop and turn, as well as perform crossovers and other footwork with a fair amount of speed and agility. Basic Skills graduates are safe, confident skaters, who are ready to further pursue their interest in Hockey or Figure Skating. "Introduction to Figure Skating" classes are offered to the skater who would like to continue to learn new skills.

Adult Basic Skills: Equivalent to the Basic Skills classes described above. Class sizes are generally smaller allowing for more individualized instruction. It is a more relaxed atmosphere in which the adult skater can learn the fundamentals of a great sport.

Snowplow Sam: A 3 level introductory program that consists of preliminary skills for children ages 4-6 or for the skater not yet ready for the "Basic Eight" program. Skaters participate in a group setting and are encouraged to progress at their own unique developmental rate. Helmets are strongly recommended or skater 6 years and younger.

Introduction to Figure Skating Class:

This program consists of 6 levels that are designed to introduce the skater to the elements of Figure Skating including jumps, spins, footwork and edge drills. Skaters must have passed level 8 of the Basic Skills Program to enroll in this class or may take this class in combination with Basic Skills levels 5 – 8. Class is 30 minutes instruction followed by 20 minutes of practice.

Booster Lessons: This program is offered for skaters who would like to work individually with a private coach in addition to taking the Basic Skills Instruction. Time is offered from 9:30 – 10:10am in 20 minute sessions. Cost per session is \$5 plus coach's fee. Lessons are setup with coach in advance.

IMPORTANT!

Due to skating club's contract with Colby College, NO child under the age of 16 is allowed OFF the ice without adult supervision. Skaters are not allowed in gymnasium. Skater may use the restrooms and vending machines. Children must be supervised at all times.

DATES: SUNDAYS

(Dates are subject to change)

Session 1: October 18 – November 22 (6 weeks)
(No classes 11/29)

Session 2: December 6 – January 17 (6 weeks)
(No classes 12/27)

Session 3: January 24 – March 7 * (7 weeks)

**Annual Exhibition
"Demonstration of Skating Skills"**

March 7, 2009

Session 3 includes the exhibition, the final Sunday, March 7th and there will be no instruction on that day.

Intro to Figure Skating 9:10- 10:00 am

Booster Lessons 9:30 -10:10am

Snowplow Sam 10:10 – 11:00am

Basic Skills 10:10 – 11:00am

Adult Basic Skills 10:10 – 11:00am

Instruction is 10:10 – 10:50 am and from 10:50 – 11:00 the skater will be able to practice, instructors will remain on the ice.

Session 1: \$88 Session 2: \$88 Session 3: \$98

Intro to Figure Skating: 9:10 – 10:00 am

Session 1: \$112 Session 2: \$112 Session 3: \$130

Intro w/ basic 9:10 – 11:00 am (10min break)

Session 1: \$142 Session 2: \$142 Session 3: \$165

Please arrive early to check in the 1st Sunday of each session.

HELPFUL INFORMATION

Skate rentals unavailable

Skates run between 1/2 to 1 sizes smaller than a street shoe. Skates should be laced firmly to provide support and feel snug WITHOUT a thick sock. Skates should be professionally sharpened.

Clothing: Skaters should dress in loose layers to provide warmth yet maintain flexibility. Mittens or gloves may be necessary. It is recommended that young children and beginner skaters wear helmets or a heavy hat.

Cancellations: Should Colby College Alford Arena close, the classes will be cancelled. We will put announcements on the local radio station.

HOW TO REGISTER:

1. Fully complete the form below and on the reverse side of this page. A separate form will need to be filled out for each additional skater. **A waiver will need to be signed by a parent/guardian at the rink before skating begins.**
2. Make check or money order payable to:
Skating Club of Maine (SCM)
3. **There are no refunds, without a doctors note.**
4. Returned checks are subject to a \$25 fee.
5. Mail registration(s) to:

**Sue Kinney
P O Box 37
Oakland, ME 04963**

Please print.

Skater's Name _____

Address _____

City, State, Zip _____

Home Phone _____

Work/Cell _____

Date of Birth _____

E-mail _____

Male / Female

Have you been enrolled in Basic Skills before?

Yes / No

What was the highest level completed: _____

(Registration form continues on the back of this page)